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| <b>Teitl:</b><br><b>Title:</b>   | Young Adult Carers Policy (Revised August 2023)                           |
| <b>Fersiwn:</b><br><b>Version</b>  | V2  |
| <b>I bwy mae'r Polisi hwn yn berthnasol?</b><br><b>Who does this Policy Relate to?</b> | Myfyrwyr / Staff / Myfyrwyr a Staff / Arall (rhowch fanylion)<br>Students |

#### Cydraddoldeb ac Amrywiaeth / Equality & Diversity

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| Dolen at Gam 1 Asesu Effaith (ar Gydraddoldeb a'r Gymraeg): / Impact Assessment Stage 1 (Equality & Welsh) link:   | <a href="#">EIA Young Adult Carers Policy</a>   |
| <i>Effaith ar yr Iaith Gymraeg</i><br><br><i>Mae asesiad effaith wedi'i gynnal ar y polisi hwn i ystyried ei effaith ar yr Iaith Gymraeg yn unol â Safonau'r Gymraeg (94-104) a Mesur yr Iaith Gymraeg (Cymru) 2011.</i> | <i>Welsh Language Impact</i><br><br>An impact assessment has been carried out on this policy to consider its effect on the Welsh Language in accordance with the Welsh Language Standards (94-104) and the Welsh Language (Wales) Measure 2011. |

#### Adolygu a Chymeradwyo / Review and Approval

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| <b>Perchennog y Ddogfen:</b><br><b>Document Owner:</b> | <i>Teitl swydd / Job title</i><br>Head of Learner Services  |   |     |
| <b>Ymgynghoriad / Consultation:</b>                    | <i>Rhestrwch nhw / Please list</i><br>Communications & Culture Committee:                               |   |     |
| <b>Dyddiad cymeradwyo / Date Approved</b>              | Cymeradwyaeth y Pwyllgor Mewnol e.e. Grŵp Diogelu / Internal Committee Approval e.g. Safeguarding Group | <i>Enw'r Grŵp a'r Dyddiad / Name of group &amp; date</i>                  |     |
|  | Pwyllgor Cyfathrebu a Diwylliant / Communications & Culture Committee:                                  | 6th September 2023  |     |
|  | Pwyllgorau'r Bwrdd / Board Committees:  | Pwyllgor Archwilio a Risg / Audit & Risk Committee:                       | N/A |
|  |   | Pwyllgor Cwricwlwm a Safonau / Curriculum & Standards Committee           | N/A |
|  |   | Pwyllgor Cyllid, Pobl a Diwylliant / Finance, People & Culture Committee: | N/A |
| Corff Llywodraethu / Governing Body:                   | N/A   |   |     |
| <b>Dyddiad Adolygu:</b><br><b>Review Date:</b>         | August 2026   |   |     |

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Rhifwch bob adran a pharagraff  
Please number each section and paragraph

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# Young Adult Carers Policy

## 1. Introduction

This Young Adult Carers (YAC) policy has been developed to recognise, promote and support students and apprentices who have caring responsibilities for a family member, partner or friend at their home. This policy is fully supported by the College's Corporation Board and Management Team. The College believes that all Young Adult Carers have the right to an education regardless of their commitment to providing care for a family member.

When a Young Adult Carer is providing care for someone in their family who has a serious illness, disability or substance misuse problem, they may need additional support to ensure they achieve their potential, Coleg Cambria recognises this and is committed to ensuring support is in place to support the Young Adult Carer in achieving their qualification.

## 2. Definitions

A Young Adult Carer is a student between 16 and 25 years who provides unpaid care to care for a family member or friend who is disabled, physically or mentally ill or has a substance misuse problem. At Coleg Cambria we recognise that caring can also involve physical and emotional care, or taking responsibility for someone's safety or well-being. The level of responsibility assumed by a Young Adult Carer is often extensive and as such, it may impact on the education of the young person.

## 3. Scope

Coleg Cambria has a member of staff with lead responsibility for Young Adult Carers, Student Services Coordinator. They will ensure that all identified Young Adult Carers know how they can access support. The College actively seeks feedback from Young Adult Carers in order to shape and improve provision and support the College provides for them. All Young Adult Carers will be offered support from Student Services, who will have undertaken training and be able to effectively support the Young Adult Carer with their specific needs.

Coleg Cambria has a commitment to:

- Keep up to date with national and local developments and with legislation and guidance affecting Young Adult Carers.
- Accessing and providing training for staff about young adult carers and their issues.
- Ensure that Young Adult Carers know how to access support and that information about support available for Young Adult Carers and how to access it is clearly available.

- Utilising Student Induction to promote a full understanding, acceptance of Young Adult Carers and their responsibilities to all students.

#### 4. **Support Offered**

Coleg Cambria undertakes that the following support is available for all young adult carers within the college:

- The College has a procedure for identifying young adult carers on enrolment into the college.
- Any young person who is identified as a young adult carer whilst at the College will be referred to appropriate services subject to his/her consent.
- Coleg Cambria will ensure young adult carers can access all available pastoral and other support services at college.
- The College will be flexible with occasional late attendance due to a young adult carer's caring role; where this is a regular occurrence of lateness provision will be put into place to find a solution complying with all current policies.
- The College will at all times be flexible with regards to young adult carer's issues and their needs upholding confidentiality.
- Coleg Cambria acknowledges that young adult carers will not be obliged to discuss their family situation unless they feel comfortable. A young person's caring role will be acknowledged and respected.
- The College will provide young adult carers with opportunities to speak to someone in private and will not discuss their situation in front of their peers.
- Coleg Cambria will provide access to a phone during breaks and lunchtime for young adult carers to call home if they feel the need to do so.
- Where needs permit, due to caring responsibilities Student Service Advisers are able to negotiate deadlines, for course work and assessments on behalf of the Young Adult Carer.
- The College will support parents with impaired mobility to access College sites.
- The College will provide alternative communication options for parents of young adult carers who are sensory impaired or are housebound; this will include alternative communication options for parents' evenings.
- Appropriate provisions will be put into place for young adult carers whose parents do not drive due to illness or disability, following safeguarding procedures at all times.
- Coleg Cambria will always report any cases of a young person who may be carrying out an inappropriate caring role which is causing immediate concern for their safety.

#### 5. **Welsh Language**

In line with the Welsh Language Standards this Policy is available in both Welsh and English. All meetings, correspondence and support services that fall within this policy will be offered in Welsh.